



Slow Food[®]



Plant a Seed.
Defend
the
Future.



Slow Food USA





**GOOD
CLEAN
FAIR**

© SLOW FOOD USA

I DIG SCHOOL GARDENS



© SLOW FOOD USA



SLOW FOOD
NATIONS

**SLOW THE
FORK DOWN**



© SLOW FOOD USA



**LOVE THE EARTH.
DEFEND THE FUTURE.**