



Telling the Story of Your Eat-In

On Sept. 7, people everywhere will hear about Eat-Ins and want to learn more. Legislators will want to know what took place in their districts. **To help us tell the story of the National Eat-In on our web site and in our communications to legislators and the press, we need you to send us photos and videos of your Eat-In as soon as it's over**—in fact, right when you get home on Sept. 7.

Taking a **Time for Lunch** photo

- **Remember** to assign someone the task of photographing your Eat-In, and making sure he/she knows to send us photos ASAP. If a legislator is coming, get him/her in the photo (alongside a kid holding a Time for Lunch sign). Build time into your Eat-In for taking a great photo.
- **Simple:** Take a photo of everyone sitting together at the table, or on picnic blankets. The more creative you can be, the better. Put kids front and center!
- **More involved:** Include “Time for Lunch” signs or banners, or props like school lunch trays.
- **Upload** your photos to [Flickr](#) (signing up for an account is free) and tag them all “timeforlunch.”) Send one or more of the best photos to timeforlunch@slowfoodusa.org, and we’ll post them on the campaign web site. Or send us a link to your Flickr page, and we’ll download them.

Shooting a **Time for Lunch** video

- **Simple:** Walk around the table, and ask people to say “It’s time for lunch!” and to talk about the food they brought and why they came. Check out some examples on our [“Share It!” page](#).
- **More involved:** Set up a video area, and use a tripod and an external microphone.
- **Remember** to get the contact info of people you record in case you need to ask their permission to use the footage. If you don’t have a professional video camera, use a cell phone with video!
- **Upload** your videos to [Vimeo](#) or [YouTube](#) (signing up for an account is free) and tag them “timeforlunch.” Send us a link to your video, and we’ll post that link on the campaign web site.

Encourage people who attend your Eat-In to take their own photos and videos, and to upload them to their own accounts (always with the tag “timeforlunch”). When you’re sending us your photos, please also include a short write-up of your Eat-In with the number of people who attended, any legislators or VIPs who attended and how it went. Thank you!