

# Slow Food USA Ark of Taste

[www.slowfoodusa.org](http://www.slowfoodusa.org)

## **MID-ATLANTIC: NY, NJ, PA, WV, VA, DL, MD**

### **FISH & SHELLFISH**

Bay Scallop  
Cape May Salt Oyster  
Delaware Bay Oyster

### **FRUITS**

American Heirloom Pear-

- Bloodgood - NY
- Columbia - NY
- Early Harvest (Chambers) -MD
- Kieffer, Roxborough - PA
- Lawrence - NY
- Lawson - NY
- Seckel, Philadelphia - PA
- Sheldon, Huron - NY
- Tyson, Jenkintown - PA
- Wilder Early - NY
- Worden Seckel - NY

American Persimmon  
American Plum  
Amish Pie Squash - MD  
Aunt Molly's Ground Cherry - PA  
Boston Marrow Squash - NY  
Bronx Grape - NY  
Chalk's Early Jewel Tomato - PA  
Fish Pepper  
Hinkelhatz Hot Pepper - PA  
Norton Grape - VA  
Oldmixon Free Peach - NY  
Orange Oxheart Tomato - VA  
Pawpaw  
Radiator Charlie's Mortgage Lifter  
Tomato - WV

### **MEAT & POULTRY**

Black Turkey - MD  
Black Turkey - VA  
Cayuga Duck - NY  
Delaware Chicken - DL  
Dominique Chicken  
Guinea Hog - VA and southeast  
Jersey Buff or Buff  
Jersey Giant Chicken - NJ  
Midget White Turkey - MD  
Wyandotte Chicken - NY

### **NUTS**

American Butternut  
American Butternut  
American Chestnut  
Shagbark Hickory Nut - TX

### **PULSES (BEANS, PEAS, & LENTILS)**

Cherokee Trail of Tears Bean  
True Red Cranberry Bean  
Turkey Crow Bean - NC, VA, TN

### **VEGETABLES**

Early Blood Turnip-Rooted Beet

### **WINES & VINEGARS**

Norton Grape - VA

### **OTHER**

Sourwood Honey

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## NEW ENGLAND: ME, NH, VT, MA, RI, CT

### **BEVERAGES**

Shrub

### **GRAINS & CEREALS**

Roy's Calais Flint Corn

Tuscarora White Corn

### **FISH & SHELFISH**

Bay Scallop

### **FRUITS**

Algonquian Squash

American Heirloom Pear

- Clapp's Favorite - MA
- Dana's Hovey - MA
- Dearborn - MA
- Dorset - MA
- Frederick Clapp - MA
- Howell - CT
- Vermont Beauty - VT

American Persimmon

American Plum

American Plum

Jimmy Nardellos Sweet Italian

Frying Pepper - CT

Meech's Prolific Quince - CT

Pawpaw

Valenci Tomato - ME

### **MEAT & POULTRY**

Chicken - MA, RI

American Milking Devon Cattle

Dominique Chicken

Midget White Turkey - MA

Narragansett Turkey - RI

New Hampshire Chicken

"Old-Type" Rhode Island Red

Pilgrim Goose - MA

Plymouth Rock Chicken - MA

Randall Cattle

Tunis Sheep

### **NUTS**

Shagbark Hickory Nut

### **PREPARED FOODS**

Boiled Cider and Cider Jelly of New England

### **PULSES (BEANS, PEAS, & LENTILS)**

Jacob's Cattle Bean - ME

Mayflower Bean

### **VEGETABLES**

Gilfeather Turnip - VT

Green Mountain Potato - VT

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## **SOUTH-EAST: NC, SC, GA, TN, KY, AR**

### **GRAINS & CEREALS**

Carolina Gold Rice - NC, SC, GA

### **FISH & SHELLFISH**

Louisiana Oyster

Wild Catfish

### **FRUITS**

American Heirloom Pear

- Lucy Duke - NC

- June Sugar - GA

American Persimmon

American Plum

Green-striped Cushaw - TN, LA, MS

Pawpaw

### **MEAT & POULTRY**

Bourbon Red Turkey - KY

Corriente Cattle

Cotton Patch Goose

Guinea Hog

Ossabaw Island Hog - GA

Pineywoods Cattle

Randall Cattle

Spanish Goat

Tennessee Fainting Goat - TN

Tunis Sheep

### **NUTS**

American Butternut

American Chestnut

Shagbark Hickory Nut

### **PULSES (BEANS, PEAS, & LENTILS)**

Cherokee Trail of Tears Bean

Mayflower Bean

Mississippi Silver Hull Bean

Crowder Cowpeas

Sea Island Red Peas - SC

Southern Field Peas

Turkey Crow Bean - NC, VA, TN

### **VEGETABLES**

Ivis White Cream Sweet Potato - TN

### **OTHER**

Gallberry Honey

Sourwood Honey

Tupelo Honey - GA, FL

Traditional Sorghum Syrup

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## GULF COAST: FL, AL, MS, LA

### **BREAD**

New Orleans French Bread - LA

### **CHEESE**

Creole Cream Cheese - LA

### **FISH & SHELLFISH**

Bay Scallop-Gulf Coast

Louisiana Oyster

Wild Catfish

Wild Gulf Coast Shrimp

### **FRUITS**

American Heirloom Pear

- Warren – MS

American Persimmon

American Plum

Datil Pepper – FL

Green-striped Cushaw - TN, LA, MS

Hatcher Mango - FL

Louisiana Heritage Strawberries

Louisiana Satsuma

PawPaw

Wilson Popenoe Avocado - FL

### **HERBS & SPICES**

Handmade Filé - LA

### **MEAT & POULTRY**

Florida Cracker Cattle - FL

Gulf Coast Sheep

Mulefoot Hog

Pineywoods Cattle

Royal Palm Turkey - FL

Spanish Goat

### **MEAT PRODUCTS**

New Orleans Daube Glacé - LA

Southern Louisiana Hog's Head  
Cheese - LA

Southern Louisiana Ponce - LA

Southern Louisiana Traditional

Tasso - LA

### **NUTS**

Shagbark Hickory Nut - Coastal  
states, TX

### **PREPARED FOODS**

Roman Taffy Candy – LA

### **PULSES (BEANS, PEAS, & LENTILS)**

Southern Field Peas

### **OTHER**

Gallberry Honey

Traditional Cane Syrup - LA

Traditional Sourghum Syrup

Tupelo Honey - GA, FL

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## **MIDWEST & CENTRAL PLAINS REGION: OH, MI, IN, IL, WI, MN, IA, MO, OK, KS, NE**

### **GRAINS & CEREALS**

Anishinaabeg Manoomin (Wild Rice)

### **FRUITS**

American Plum - Great lakes region

American Heirloom Pears

Beirschmitt - IA

Lincoln, Corwin - IL

Sudduth - IL

Amish Paste Tomato - WI

Beaver Dam Pepper - WI

German Pink Tomato - IA

Sheboygan Tomato - WI

Sheepnose Pimiento - OH

### **MEAT & POULTRY**

American Chinchilla Rabbit

American Plains Bison

Buckeye Chicken - OH

Giant Chinchilla Rabbit - MO

Midget White Turkey - WI

Narragansett Turkey

Tunis Sheep

### **PULSES (BEANS, PEAS, & LENTILS)**

Lina Cisco's Bird Egg Bean - MO

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## **SOUTHWEST: AZ, NM, TX**

### **BEVERAGES**

Greenthread Tea

### **GRAINS & CEREALS**

Chapalote Corn

Chicos

### **BREAD**

Piki Bread

### **FRUIT**

American Persimmon

American Plum

Black Sphinx Date - AZ

Chiltepin Pepper

Green-striped Cushaw

New Mexican Native Chile - NM

New Mexico Native Tomatillo - NM

New Mexico Native Tomatillo - NM

Wenk's Yellow Hot Pepper - NM

Yellow-Meated Watermelon

### **HERBS & SPICES**

Desert Oregano

### **MEAT & POULTRY**

American Plains Bison - TX

Navajo-Churro Sheep - NM

### **NUTS**

Emory Oak "Bellota" Acorns - TX

Shagbark Hickory Nut

### **PULSES (BEANS, PEAS, & LENTILS)**

Bolita Bean

Brown and White Tepary Bean

Christmas Lima Bean

Four Corners Gold Bean - AZ, NM

Hopi Mottle Lima Beans

Hutterite Soup Bean - NM

Mesquite Pod Flour

O'odham Pink Bean - AZ

Rio Zape Bean

### **VEGETABLES**

I'Itoi Onion - AZ

### **OTHER**

Guajillo Honey

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## WEST- PACIFIC: CA, NV, HI

### **CHEESE**

Dry Monterey Jack - CA

### **FRUITS**

American Heirloom Pear

- B.S. Fox - CA
- Colonel Wilder - CA
- P. Barry - CA

Baby Crawford Peach - CA

Blenheim Apricot - CA

California Mission Olive - CA

Crane Melon - CA

Elephant Heart Plum - CA

Fay Alberta Peach - CA

Fuerte Avocado - CA

Inca Plum - CA

Inland Empire Old-Grove Orange-Valencia - CA

Japanese Massaged Dried

Persimmon: Hoshigaki - CA

Laroda Plum - CA

Mariposa Plum - CA

Meyer Lemon of California's Central Coast

Padre Plum - CA

Pixie Tangerine of Ojai Valley - CA

Puebla Avocado - CA

Rio Oso Gem Peach - CA

Sebastopol Gravenstein Apple - CA

Silver Logan Peach - CA

Sun Crest Peach - CA

### **HERBS & SPICES**

Traditional Sea Salt from Hawaii (Alaea)

### **MEAT & POULTRY**

The American Rabbit - CA

### **NUTS**

Nevada Single Leaf Pinyon - CA

### **PREPARED FOOD**

Poi: Kalo - HI

### **PULSES (BEANS, PEAS, & LENTILS)**

Petaluma Gold Rush Bean - CA

Santa Maria Piquitos Bean - CA

### **WINES & VINEGARS**

Charbono Grape of California - CA

Napa Gamay/ Valdiguie Grape of California - CA

### **OTHER**

White Kiawe Honey of Hawai'i - HI

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## **ROCKY MOUNTAIN REGION - MT, WY, UT, CO, ND, SD, ID**

### **FRUITS**

American Plum

Capital Reef Apple - UT

### **MEAT & POULTRY**

American Plains Bison

### **NUTS**

Emory Oak "Bellota" Acorns

Nevada Single Leaf Pinyon - NV, UT

### **PULSES (BEANS, PEAS, & LENTILS)**

Arikara Yellow Bean - ND

Four Corners Gold Bean - CO, UT

Hidatsa Red Bean - ND

Hidatsa Shield Figure bean

Yellow Indian Woman Bean - MT

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## **PACIFIC NORTHWEST-WA, OR, AK**

### **FISH & SHELLFISH**

Geoduck

Marbled Chinook Salmon

Olympia Native Oyster

Reefnet Salmon Fishing Method of the Northern Puget Sound

### **FRUIT**

American Heirloom Pear-

- Orcas, Orcas Island - WA
- Rescue - WA
- Winter Bartlett - OR

Black Republican Cherry - OR

Inland Empire Old-Grove Orange-Washington Navel - WA

### **VEGETABLES**

Inchelium Red Garlic - WA

Lorz Italian Garlic - WA

Ozette Potato - WA

### **OTHER**

Alaskan Birch Syrup - AK